

**Group II  
Scoring**

<b>Year</b>	<b>Team</b>	<b>Performance</b>
1966	Clearview	13.5
1967	<b>Tenaflly</b>	19
1968	<b>Tenaflly</b>	20
1969	<b>Rutherford</b>	17
1970	Lincoln	20
1971	Hightstown Springfield	12
1972	Metuchen	14.5
1973	Metuchen	15
	<b>Saddle Brook</b>	
1974	Lincoln	24
1975	<b>Tenaflly</b>	22
1976	<b>Saddle Brook</b>	28
1977	<b>Tenaflly</b>	24
1978	Asbury Park	34
1979	Clifford Scott	28
1980	Clifford Scott	25
1981	Asbury Park	31
1982	Asbury Park	21
1983	Asbury Park	
1984	Asbury Park	30
1985	Asbury Park	29
1986	Bernards	22
1987	Carteret	25
1988	West Side	25
1989	Asbury Park	27
1990	Asbury Park	22
1991	Asbury Park	26
1992	Asbury Park	<b>60</b>
1993	Asbury Park	52
1994	Asbury Park	50
1995	Asbury Park	48
1996	Bishop Eustace	37
1997	Bridgeton	35
1998	Manchester Twp.	39
1999	Pleasantville	33
2000	Red Bank	42.5
2001	Bridgeton	49
2002	Bridgeton	51
2003	Bishop Eustace	31
2004	Pope John	38
2005	Camden	36
2006	Morris Hills	39
2007	Rahway	38
2008	Morris Hills	35
2009	Rahway	48
2010	Delsea	44
2011	Delsea	44
2012	Willingboro	44

2013	Matawan	48
2014	Highland Reg.	45
2015	Matawan	48
2016	West Essex	34
2017	Matawan	49
2018	Rahway	48
2019	Rumson Fair Haven	57
2020	Delsea	44
2022	Deptford	34
2023	Deptford	56
2024	Deptford	44

**800 relay**

<b>Year</b>	<b>Team</b>	<b>Performance</b>
1966	Highland Park	1:20.6?
1967	Clearview	1:37.4*
1968	<b>Tenafly</b>	1:38.8*
1969	<b>Rutherford</b>	1:37.7*
1970	Lincoln	<b>1:31.9*</b>
1971	Lincoln	1:36.4*
1972	Somerville	1:34.9*
1973	Somerville	1:33.3*
1974	Lincoln	1:34.1*
1975	Lincoln	1:33.4*
1976	Hillside	1:35.8*
1977	<b>Rutherford</b>	1:36.8*
1978	Asbury Park	1:32.4*
1979	Clifford Scott	1:33.9*
1980	Clifford Scott	1:34.5*
1981	Asbury Park	1:33.9*
1982	Asbury Park	1:33.4*
1983	Newark Central	1:36.4*
1984	Roselle	1:36.0*
1985	Asbury Park	1:35.1*
1986	South Brunswick	1:37.0*
1987	Asbury Park	1:36.9*
1988	Carteret	1:37.0*
1989	Summit	1:36.0*
1990	Freehold Boro	1:35.4*
1991	Roselle	1:34.7*
1992	Asbury Park	1:35.1
1993	Asbury Park	1:34.7
1994	Pleasantville	1:34.19
1995	Asbury Park	1:36.31
1996	Bishop Eustace	1:35.57
1997	Bridgeton	1:35.91
1998	<b>Ramapo</b>	1:36.10
1999	Pleasantville	1:36.23
2000	Buena	1:35.39
2001	Buena	1:32.99
2002	Wall Twp.	1:34.96
2003	Pope John	1:36.97
2004	Long Branch	1:35.18

2005	Camden	1:34.35
2006	Camden	1:34.90
2007	Monmouth	1:35.50
2008	Delsea	1:35.40
2009	Delsea	1:32.76
2010	Camden	1:33.48
2011	Willingboro	1:34.28
2012	Willingboro	1:32.47
2013	Matawan	1:33.85
2014	Matawan	1:33.17
2015	Deptford	1:33.85
2016	West Essex	1:34.32
2017	Deptford	1:32.20
2018	Camden	1:32.46
2019	Deptford	<b>1:32.04</b>
2020	Deptford	1:32.99
2022	Deptford	1:34.42
2023	Deptford	1:33.26
2024	Robbinsville	1:32.62

**1600 relay**

<b>Year</b>	<b>Team</b>	<b>Performance</b>
1966	<b>Ridgefield Park</b>	3:49.4*
1967	<b>Tenaflly</b>	3:34.1*
1968	<b>Tenaflly</b>	3:40.6*
1969	Clifford Scott	3:35.8*
1970	Lincoln	<b>3:26.3*</b>
1971	Rutherford	3:40.3*
1972	Somerville	3:33.1*
1973	Lincoln	3:29.6*
1974	Lincoln	3:31.4*
1975	<b>Tenaflly</b>	3:34.1*
1976	<b>Saddle Brook</b>	3:37.9*
1977	<b>Tenaflly</b>	3:37.0*
1978	Asbury Park	3:27.9*
1979	Clifford Scott	3:32.1*
1980	Newark Central	3:41.7*
1981	Asbury Park	3:35.5*
1982	Asbury Park	3:29.5*
1983	Asbury Park	3:28.6*
1984	Newark Central	3:33.2*
1985	Asbury Park	3:36.4*
1986	Asbury Park	3:39.5*
1987	Salem	3:37.8*
1988	West Side	3:34.5*
1989	Asbury Park	3:35.9*
1990	Essex Catholic	3:38.3*
1991	Roselle	3:33.6*
1992	Asbury Park	3:39.6
1993	Asbury Park	3:36.6
1994	Pleasantville	3:33.69
1995	Asbury Park	3:35.11
1996	Asbury Park	3:40.56

1997	Weequahic	3:33.67
1998	Neptune	3:36.43
1999	Pleasantville	3:34.57
2000	Buena	3:29.42
2001	Buena	3:29.67
2002	Pleasantville	3:28.22
2003	Matawan	3:36.19
2004	Pope John	3:35.99
2005	Camden	3:32.05
2006	Bridgeton	3:30.15
2007	Rahway	3:36.62
2008	Snyder	3:32.99
2009	Rahway	3:26.91
2010	Highland	3:32.51
2011	Camden	3:30.70
2012	Willingboro	3:28.55
2013	Ewing	3:30.44
2014	Red Bank	3:29.53
2015	Ewing	3:28.55
2016	Oakcrest	3:28.42
2017	Matawan	3:26.91
2018	Matawan	3:26.90
2019	Matawan	<b>3:24.56</b>
2020	Rahway	3:33.36
2022	Rumson Fair Haven	3:36.61
2023	Deptford	3:30.82
2024	Robbinsville	3:32.11

### 3200 relay

Year	Team	Performance
1966	<b>Waldwick</b>	8:59.3*
1967	<b>Tenafly</b>	8:26.4*
1968	<b>Waldwick</b>	8:20.4*
1969	Glen Ridge	8:20.9*
1970	<b>Saddle Brook</b>	8:13.8*
1971	<b>Waldwick</b>	8:18.6*
1972	Metuchen	8:25.4*
1973	<b>Saddle Brook</b>	8:21.7*
1974	Lincoln	<b>8:09.3*</b>
1975	<b>Saddle Brook</b>	n.t.
1976	<b>Saddle Brook</b>	8:24.2*
1977	<b>Tenafly</b>	8:19.7*
1978	Asbury Park	8:21.2*
1979	Clifford Scott	8:16.2*
1980	Clifford Scott	n.t.
1981	West Side	8:32.2*
1982	Asbury Park	8:12.7*
1983	Asbury Park	8:14.1*
1984	<b>Rutherford</b>	8:19.0*
1985	Pinelands	8:40.8*
1986	Bernards	8:36.0*
1987	Haddon Twp.	8:40.6*
1988	<b>Rutherford</b>	8:45.8*

1989	Asbury Park	8:24.8*
1990	Delbarton	8:20.4*
1991	Asbury Park	8:37.8*
1992	Asbury Park	8:25.4
1993	Hopewell Valley	8:30.5
1994	Asbury Park	8:33.45
1995	Asbury Park	8:29.21
1996	Holmdel	8:33.89
1997	Pinelands	8:25.19
1998	Manchester Twp.	8:31.16
1999	Morris Hills	8:29.68
2000	Cranford	8:20.19
2001	Bridgeton	8:18.84
2002	Bridgeton	8:22.31
2003	Colts Neck	8:26.26
2004	Cranford	8:26.96
2005	Cranford	8:18.27
2006	Pleasantville	8:12.52
2007	<b>Indian Hills</b>	8:18.43
2008	Morris Hills	8:33.19
2009	Pleasantville	8:21.66
2010	Delsea	8:20.12
2011	Delsea	8:17.65
2012	Highland Reg.	8:24.11
2013	Voorhees	8:21.37
2014	Highland Reg.	8:10.06
2015	Morris Hills	<b>8:05.11</b>
2016	Willingboro	8:19.77
2017	Raritan	8:20.29
2018	Hopewell Valley	8:08.18
2019	Haddonfield	8:06.47
2020	Rahway	8:33.97
2022	Haddonfield	8:15.64
2023	Cinnaminson	8:21.80
2024	Bernards	8:16.36

**Sprint medley**

1970	Lincoln	<b>3:37.4*</b>
1971	Springfield	3:40.2*
1972	<b>Rutherford</b>	3:47.0*
1973	Metuchen	3:45.8
1974	Lincoln	3:42.3*
1975	Williamstown	3:42.7*
1976	Williamstown	3:41.6*
1977	Williamstown	3:44.5*
1978	Gateway	3:44.2*
1979	Gateway	3:46.9*
1980	Newark Central	3:50.3*
1981	Asbury Park	3:47.1*
1982	West Side	3:46.8*
1983	Asbury Park	3:41.6*
1984	Newark Central	3:44.7*
1985	Monmouth	3:48.5*

1986	Bernards	3:48.9*
1987	Salem	3:45.7*
1988	West Side	3:46.6*
1989	Asbury Park	3:40.1*
1990	Asbury Park	3:42.1*
1991	Asbury Park	3:39.8*
1992	Essex Catholic	3:45.7
1993	Whippany Park	3:43.5
1994	Asbury Park	3:44.13
1995	<b>Queen of Peace</b>	3:45.79
1996	Cranford	3:46.56
1997	Weequahic	3:43.39
1998	NO RACE	
1999	Bridgeton	3:43.07
2000	Clifford Scott	3:44.68
2001	Bishop Eustace	3:48.97
2002	Pleasantville	3:40.19
2003	Manchester Twp.	3:44.28
2004	Gov. Livingston	3:42.93
2005	Pope John	3:41.26
2006	<b>Indian Hills</b>	3:37.56
2007	Monmouth	3:42.66
2008	Morris Hills	3:43.30
2009	Morris Hills	3:38.89
2010	<b>Indian Hills</b>	3:42.75
2011	Delsea	3:39.75
2012	Pascack Valley	<b>3:36.17</b>
2013	Morris Hills	3:42.22
2014	Oakcrest	3:38.58
2015	Matawan	3:40.53
2016	Rahway	3:42.49
2017	Rahway	3:36.60
2018	Hopewell Valley	3:36.31
2019	Delsea	3:38.88
2020	Haddonfield	3:42.00
2022	Ocean Twp.	3:43.92
2023	Deptford	3:40.58
2024	Deptford	3:43.55

**Distance medley**

1966	Clearview	11:39.1*
1967	<b>Pascack Hills</b>	11:04.2*
1968	Highland Park	10:58.6*
1969	Overbrook	10:55.3*
1970	Springfield	10:41.2*
1971	Dover	10:57.3*
1972	Asbury Park	10:55.5*
1973	Bernards	10:56.0*
1974	Williamstown	<b>10:37.7*</b>
1975	<b>Tenafly</b>	10:52.0*
1976	Williamstown	10:52.2*
1977	Williamstown	10:46.2*
1978	Bernards	10:37.9*

1979	Dover	11:07.6*
1980	Princeton	10:52.0*
1981	Princeton	11:07.4*
1982	Voorhees	11:02.0*
1983	Lawrence	11:04.6*
1984	Lawrence	11:00.0*
1985	Lawrence	11:00.6*
1986	Bernards	11:00.4*
1987	Caldwell	11:14.3*
1988	West Side	11:18.7*
1989	Asbury Park	10:41.2*
1990	Asbury Park	11:00.4*
1991	Asbury Park	11:00.3*
1992	Asbury Park	10:53.8
1993	Whippany Park	11:00.1
1994	Asbury Park	10:51.0
1995	Pinelands	10:49.09
1996	Bishop Eustace	11:00.01
1997	Mount Olive	10:45.40
1998	Mount Olive	10:51.81
1999	Cranford	10:58.43
2000	Red Bank	10:44.83
2001	Bridgeton	10:56.08
2002	Bridgeton	11:01.49
2003	Pope John	10:49.29
2004	Pope John	10:53.43
2005	Cranford	10:51.37
2006	Morris Hills	10:41.94
2007	Morris Hills	10:51.60
2008	Morris Hills	10:53.33
2009	Morris Hills	10:35.82
2010	Rahway	10:47.20
2011	Rahway	10:45.85
2012	Delsea	10:47.12
2013	Holmdel	10:35.71
2014	West Deptford	10:37.48
2015	Summit	<b>10:29.40</b>
2016	Robbinsville	10:38.18
2017	Haddonfield	10:52.91
2018	Hopewell Valley	10:36.08
2019	Haddonfield	10:34.34
2020	<b>Lakeland</b>	10:44.20
2022	Haddonfield	10:44.48
2023	Haddon Heights	10:41.24
2024	Haddonfield	10:42.26

**Shuttle Hurdles**

1966	Clearview	36.2
1967	Clifford Scott	32.6
1968	Highland Park	32.4
1969	Cedar Grove	32.9
1970	Metuchen	31.6
1971	<b>Northern Highlands</b>	31.7

1972	Metuchen	30.2
1973	Metuchen	31.3
1974	<b>Saddle Brook</b>	31.6
1975	Asbury Park	31.4
1976	<b>New Milford</b>	31.6
1977	Penns Grove	31.9
1978	Asbury Park	<b>29.7</b>
1979	Clifford Scott	30.8
1980	Clifford Scott	30.6
1981	Asbury Park	31.1
1982	Princeton	30.3
1983	Penns Grove	31.1
1984	Asbury Park	30.8
1985	Asbury Park	30.8
1986	Asbury Park	31.8
1987	Carteret	32.5
1988	Moorestown	31.6
1989	Rahway	32.0
1990	Rahway	32.5
1991	Rahway	32.1
1992	Asbury Park	31.6
1993	Asbury Park	31.7
1994	Pleasantville	31.3
1995	Asbury Park	31.37
1996	Manchester Twp.	32.73
1997	Manchester Twp.	31.28
1998	Manchester Twp.	31.01
1999	Pleasantville	31.83
2000	Morris Hills	32.84
2001	Roselle	32.63
2002	Wall Twp.	31.11
2003	<b>River Dell</b>	33.39
2004	Roselle	33.31
2005	Morris Hills	31.79
2006	Morris Hills	31.31
2007	Rahway	31.11
2008	<b>Englewood</b>	32.06
2009	Camden	31.80
2010	Matawan	32.06
2011	Gov. Livingston	31.23
2012	Willingboro	30.47
2013	Matawan	31.30
2014	Highland Reg.	31.37
2015	Highland Reg.	31.04
2016	Willingboro	30.81
2017	Matawan	31.45
2018	Rahway	30.36
2019	Deptford	<b>29.45</b>
2020	<b>Ramsey</b>	33.44
2022	Nottingham	32.82
2023	Deptford	31.90
2024	Oakcrest	30.99



**High Jump**

<b>1976</b>	<b>New Milford</b>	11-6
<b>1977</b>	<b>Saddle Brook</b>	11-6
<b>1978</b>	Hopewell Valley	12-0
<b>1979</b>	Springfield	12-2
<b>1980</b>	Springfield	12-2.5
<b>1981</b>	Springfield	<b>13-2</b>
<b>1982</b>	<b>Tenafly</b>	12-0
<b>1983</b>	Asbury Park	12-6
<b>1984</b>	Monmouth	12-0
<b>1985</b>	Asbury Park	12-0
<b>1986</b>	Asbury Park	11-10
<b>1987</b>	Carteret	12-0
<b>1988</b>	Whippany Park	12-6
<b>1989</b>	Moorestown	12-4
<b>1990</b>	Freehold Boro	11-10
<b>1991</b>	Freehold Boro	12-2
<b>1992</b>	Rahway	12-4
<b>1993</b>	Freehold Boro	12-2
<b>1994</b>	Caldwell	12-2
<b>1995</b>	<b>Indian Hills</b>	12-6
<b>1996</b>	Manchester Twp.	12-8
<b>1997</b>	Manchester Twp.	12-8
<b>1998</b>	Manchester Twp.	12-4
<b>1999</b>		
<b>2000</b>	Mendham	12-10
<b>2001</b>	Manchester Twp.	11-8
<b>2002</b>	Holmdel	12-2
<b>2003</b>	Pinelands	12-0
<b>2004</b>	Cranford	11-8
<b>2005</b>	Pinelands	12-2
<b>2006</b>	Morris Hills	11-10
<b>2007</b>	<b>Indian Hills</b>	12-0
<b>2008</b>	Voorhees	12-0
<b>2009</b>	Camden	11-10
<b>2010</b>	Long Branch	12-4
<b>2011</b>	Summit	12-0
<b>2012</b>	Willingboro	12-8
<b>2013</b>	Gov. Livingston	12-0
<b>2014</b>	Morris Hills	11-6
<b>2015</b>	Morris Hills	11-10
<b>2016</b>	Sparta	12-0
<b>2017</b>	Matawan	11-10
<b>2018</b>	Rahway	12-0
<b>2019</b>	Sparta	11-6
<b>2020</b>	Caldwell	11-4
<b>2022</b>	Ewing	11-10
<b>2023</b>	Rumson Fair Haven	11-8
<b>2024</b>	Willingboro	
<b>Pole Vault</b>		12-0
<b>2005</b>	Gov. Livingston	25-1 1/2
<b>2006</b>	Cinnaminson	22-0

2007	NO RACE	
2008	Matawan	26-6
2009	Matawan	25-6
2010	<b>Mahwah</b>	24-6
2011	Morris Hills	25-0
2012	Delsea	24-0
2013	Morris Hills	25-0
2014	Morris Hills	26-0
2015	Delsea	25-0
2016	South Plainfield	25-0
2017	Rumson Fair Haven	26-0
2018	Delsea	25-6
2019	Delsea	<b>29-0</b>
2020	Delsea	27-0
2022	<b>Pascack Hills</b>	26-0
2023	Rumson Fair Haven	23-0
2024	<b>Pascack Hills</b>	27-6
<b>Shot Put</b>		
1976	<b>Rutherford</b>	101-11
1977	<b>Rutherford</b>	98-4
1978	Asbury Park	100-11
1979	Kenilworth	100-0
1980	<b>Saddle Brook</b>	101-5
1981	<b>Saddle Brook</b>	93-5
1982	Princeton	96-4.5
1983	Princeton	98-6.5
1984	Asbury Park	90-10.25
1985	Hillside	95-5
1986	Hillside	98-10.5
1987	Carteret	104-0
1988	Caldwell	98-7
1989	Hanover Park	96-2.5
1990	<b>Westwood</b>	91-2
1991	Hopewell Valley	104-10.5
1992	Carteret	94-3.75
1993	Moorestown	92-4
1994	Morris Hills	96-1.25
1995	Bridgeton	115-7.25
1996	Bridgeton	99-9
1997	Bridgeton	101-1.5
1998	Matawan	99-5.75
1999	Matawan	98-0.25
2000	Buena	94-4
2001	Carteret	95-5.75
2002	Bridgeton	98-6
2003	Sparta	96-4
2004	Matawan	98-6
2005	Delbarton	94-2.5
2006	Hanover Park	96-2.5
2007	Hanover Park	102-5.5
2008	Bridgeton	99-5
2009	Morris Hills	92-6

<b>2010</b>	Pleasantville	99-11.5
<b>2011</b>	Bridgeton	98-0
<b>2012</b>	Bridgeton	100-9.25
<b>2013</b>	Bridgeton	96-9
<b>2014</b>	West Deptford	103-2.25
<b>2015</b>	Matawan	89-6.5
<b>2016</b>	Rahway	103-9.5
<b>2017</b>	Rahway	<b>116-5.5</b>
<b>2018</b>	Delsea	106-8.75
<b>2019</b>	Delsea	91-3.75
<b>2020</b>	Parsippany Hills	94-9
<b>2022</b>	Delsea	100-3.5
<b>2023</b>	Cinnaminson	91-9.5
<b>2024</b>	Willingboro	101-2.75